

# Paula Shortall

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Paula Shortall

[shortpaula5@gmail.com](mailto:shortpaula5@gmail.com)

0211047752

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## Skills

*Good time management skills with ability to effectively prioritise work tasks*

*Flexible team member*

*Dependable and responsible*

*Good communication skills*

*Strong desire to upskill and open to new ideas*

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## Governance Experience

*Hawea Flat School Board of Trustees member*

*2016- current day*

*Hawea Flat School Board of Trustees Chairperson*

*2019- current day*

*Hawea Netball Club committee member*

*2019- current day*

*Upper Clutha Hockey Club committee member*

*2021- current day*

*Completed a variety of Governance workshops and online courses run through NZ School Trustees Association including Strategic Planning and Review ,The Employers Role and Governance Essentials.*

## **Work Experience**

*Contract Physiotherapist Wanaka, New Zealand.*

*2000-current day.*

*Based in a private physiotherapy clinic working with a variety of clients including orthopaedic, neurological, geriatric and paediatric patients plus delivering weekly exercises classes at the local retirement village .*

*Also involved in the delivery of injury prevention education sessions to local sports teams .*

## **Community Sporting Involvement**

*Junior netball coach and junior club coordinator for Hawea Netball Club since 2012*

*Team Physio for Central Otago U13 boys and U 15 girls and U18 girls teams to National Hockey tournaments for the last 4 years.*

## **Education**

*Otago University, Bachelor of Physiotherapy*

*1992-1995*

*St Peters College, Palmerston North*

*1987-1992*

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